



Pelletstown Educate Together National School

Anti-Bullying Policy

This policy was ratified by the Board of Management on: 23rd October 2024

Review due: Term 3 2024/2025

Pelletstown Educate Together National School

Anti-Bullying Policy 2024-2025

1. In accordance with the requirements of the Education (Welfare) Act 2000 and the Code of Behaviour guidelines issued by the NEWB, the Board of Management of Pelletstown Educate Together N.S. school has adopted the following anti-bullying policy within the framework of the school's overall Code of Behaviour. This policy fully complies with the requirements of the Anti-Bullying Procedures for Primary and Post-Primary Schools which were published in September 2013.

2. The Board of Management recognises the very serious nature of bullying and the negative impact that it can have on the lives of pupils and is therefore fully committed to the following key principles of best practice in preventing and tackling bullying behaviour:

- **A positive school culture and climate which**
 - is welcoming of difference and diversity and is based on inclusivity;
 - encourages pupils to disclose and discuss incidents of bullying behaviour in a non-threatening environment; and
 - promotes respectful relationships across the school community;
- **Effective leadership**
- **A school-wide approach**
- **A shared understanding of what bullying is and its impact**
- **Implementation of education and prevention strategies (including awareness-raising measures) that-**
 - build empathy, respect and resilience in pupils and
 - explicitly address the issues of cyber-bullying and identity-based bullying including in particular, homophobic and transphobic bullying (**Appendices 3 and 4**)
- **Effective supervision and monitoring of pupils**
- **Supports for staff**
- **Consistent recording, investigation and follow up of bullying behaviour (including use of established intervention strategies) and**
- **On-going evaluation of the effectiveness of the anti-bullying policy.**

3. In accordance with the *Anti-Bullying Procedures for Primary and Post-Primary Schools*, bullying is defined as follows:

Bullying is unwanted negative behaviour, verbal, psychological or physical, conducted by an individual or group against another person (or persons) and which is repeated over time.

In accordance with the *Bí Cineálta: Procedures to Prevent and Address Bullying Behaviour for Primary and Post-Primary Schools*, bullying is defined as follows

Bullying is targeted behaviour, online or offline that causes harm. The harm caused can be physical, social and/or emotional in nature. Bullying behaviour is repeated over time and involves an imbalance of power in relationships between two people or groups of people in society

Note: Pelletstown ETNS will consider the above 2 definitions of bullying for 2024/2025.

The following types of bullying behaviour are included in the definition of bullying:

- deliberate exclusion, malicious gossip and other forms of relational bullying,
- cyber-bullying and
- identity-based bullying such as homophobic bullying, racist bullying, bullying based on a person's membership of the Traveller community and bullying of those with disabilities or additional educational needs.

Behaviour that is not bullying:

A one off instance of negative behaviour towards another student is not bullying behaviour. However, a single hurtful message posted on social media can be considered bullying behaviour as it may be visible to a wide audience and has a high likelihood of being shared multiple times and so becomes a repeated behaviour.

Disagreement between students, or instances where students don't want to be friends or to remain friends, is not considered bullying behaviour unless it involves deliberate and repeated attempts to cause distress, exclude or create dislike by others including deliberate manipulation of friendship groups.

Some students with additional educational needs may have social communication difficulties which may make them communicate their needs through behaviours that can hurt themselves or others. It is important to note that these behaviours are not deliberate or planned but, in certain situations, they are an automatic response which they can't control. Bullying is not accidental or reckless behaviour. If the repeated harm is real for the student experiencing the behaviour but unintended by the other student, this is not bullying. These behaviours, while not defined as bullying can be distressing. Strategies to deal with inappropriate behaviour are provided for within the school's Code of Behaviour.

*Additional information on different types of bullying is set out in **Appendix 1**.*

4. The relevant persons for investigating and dealing with bullying in this school are as follows:

- All class teachers
- Principal
- *Any teacher may act as a relevant teacher if circumstances warrant it.*

5. The education and prevention strategies (including strategies specifically aimed at cyber-bullying, homophobic and transphobic bullying) that will be used by the school are as follows:

Tier 1: School-Based

Primary prevention includes a school-wide anti-bullying policy that includes all students, all parent(s)/carer(s), and all staff including teachers, administrators, support staff, and the Board of Management.

The following are Annual/ Termly/ Monthly/ Weekly activities which encourage friendship, respect and promotion of Anti-Bullying:

1. Friendship Week (*Annual*)
2. Yard Weeks (*Annual*)
3. On-going Assembly Themes based on the core principles of Learn Together (*Weekly in Junior Classes, Fortnightly in Senior Classes*)
4. Learn Together Notice Boards (*Ongoing*)
5. The school's Relationships and Code of Positive Behaviour Policy details the approaches taken by the school to foster respect, kindness and appropriate behaviours. (*Ongoing*)
6. The implementation of restorative practice as a school-wide approach to addressing incidents
7. The use of a Nurture Breakfast, nurture room and nurture groups, to support the social and emotional development of pupils.
8. Anti-Racism training for staff and 5th/6th Class students (2021 and 2023)

The school ensures the following takes place:

- A consistent, school-wide approach to the fostering of respect for all members of the school community. This is evident throughout the school campus and is reflected in the everyday communication among the school community.
- The promotion of the value of diversity to address issues of prejudice and stereotyping, and highlight the unacceptability of bullying behaviour.
- The fostering and enhancing of the self-esteem of all our pupils through both curricular and extra-curricular activities. Pupils will be provided with opportunities to develop a positive sense of self-worth through formal and informal interactions.
- School-wide awareness-raising and access to training on various aspects of bullying. This may include staff, pupils and the wider school community. A wide variety of agencies may provide support and information in this area e.g. NPC (National Parents Council), An Garda Síochána, Local Education Centres, Barnardos etc.
- Supervision and monitoring of classrooms, corridors, school grounds, school tours and extra-curricular activities. Non-teaching and ancillary staff will be encouraged to be vigilant and report issues to relevant teachers. Supervision will also apply to monitoring student use of communication technology within the school.

- The school's Anti-Bullying policy, in conjunction with The Code of Behaviour, is discussed with parent(s)/carer(s) at New Parents Meeting. Copies of these policies are available on the school website, and at the school.
- Encourage a culture of reporting incidents, with particular emphasis on the role/importance of bystanders. The difference between “telling tales” and “reporting” will be brought to the awareness of pupils. This will be taught at a whole-school, whole-class and individual level.
- Ensure that pupils know who to tell and how to tell, e.g.:
 - Direct approach to teacher at an appropriate time.
 - “What’s On Your Mind” box in each classroom.
 - Get a parent/carer or friend to tell on behalf of the pupil.
- Ensure bystanders understand the importance of reporting if they witness or know that bullying is taking place. Use of relevant stories, such as “The Juice Box Bully”.
 - Parent(s)/carer(s) are encouraged to approach the school if they suspect that their child is being bullied. Parent(s)/carer(s) are advised to follow this line of communication: class teacher – principal - BOM.

Links to other policies

- SPHE Policy- Stay Safe Programme, Walk Tall, RSE
- Ethical Education- Learn Together Plan
- Relationships and Code of Positive Behaviour Policy
- Child Safeguarding and Risk Assessment Policy

Tier 2: Class-Based

As well as Tier 1 School-Based approach, prevention also includes class-based activities.

The following outlines lessons that are taught in class to provide bullying prevention, and to promote wellbeing:

1. Stay Safe lessons
2. Walk Tall lessons
3. Relationship and Sexuality Education lessons
4. Learn Together lessons
5. Webwise lessons
6. Weaving Wellbeing programme (Second Class – Sixth Class Yearly)
7. Mo and Ko Wellbeing Programme (Junior Infants – 1st Class Yearly)
8. ISPCC Smart Moves Programme (6th Class Yearly)

The school ensures that the following takes place:

- The school's Relationships and Code of Positive Behaviour Policy teaches and encourages the children to behave in a respectful, safe and friendly manner.
- The school will emphasise the importance of Bystander Education in all classes. The slogan; "Bully Free Starts with Me" will be used to teach and promote Anti-bullying behaviours throughout the school community. This will be displayed throughout the school, along with other anti-bullying messages and posters.
- A restorative practice approach will be taken during interactions with pupils. (**Appendix 2**). Staff have received Professional Learning in restorative practices, nurture approach and CPI safety interventions training. Wellbeing has been a focus of our SSE for the most recent cycle, and is again for the current cycle.
- Lessons about the difference between "telling tales" and "reporting" will be taught.

6. The school's procedures for investigation, follow-up and recording of bullying behaviour and the established intervention strategies used by the school for dealing with cases of bullying behaviour are as follows:

The primary aim in investigating and dealing with bullying is to resolve any issues and to restore, as far as is practicable, the relationships of the parties involved;

Every effort will be made to ensure that all involved (including pupils, parent(s)/carer(s)) understand this approach from the outset. An outline of this approach will be highlighted to any parent/carers/pupil or staff member who may become involved in a suspected incident of bullying.

Reporting bullying behaviour

- Any pupil, parent or carer may bring a bullying incident to any teacher in the school.
- All reports, including anonymous reports of bullying, will be investigated and dealt with by the relevant teacher.
- Teaching and non-teaching staff must report any incidents of bullying behaviour witnessed by them, or mentioned to them, to the relevant teacher.

Investigating and dealing with incidents: Style of approach

In investigating and dealing with bullying, the relevant teacher will exercise his/her professional judgement to determine whether bullying has occurred and how best the situation might be resolved. In the initial stage of witnessing a possible bullying incident the staff will use the Restorative Practice approach when dealing with possible bullying situations (Ref. **Appendix 2**). During all stages of investigation, the teachers will take a calm, unemotional problem-solving approach.

- Parent(s)/carer(s) and pupils are required to co-operate with any investigation and assist the school in resolving any issues and restoring, as far as is practicable, the relationships of the parties involved as quickly as possible;
- Where possible, incidents will be investigated outside the classroom setting and away from whole class group, to ensure the privacy of all involved.
- All interviews will be conducted with sensitivity and with due regard to the rights of all pupils concerned. Pupils who are not directly involved can also provide very useful information in this way.
- When analysing incidents of bullying behaviour, the relevant teacher will endeavour to seek answers to questions of what, where, when, who and why. This should be done in a calm manner, setting an example in dealing effectively with a conflict in a non-aggressive manner;

- If a group is involved, it is aimed that each member will be interviewed individually at first. Thereafter, all those involved should be met as a group. At the group meeting, each member should be asked for his/her account of what happened to ensure that everyone in the group is clear about each other's statements;
- Each member of a group should be supported through the possible pressures that may face them from the other members of the group after the interview by the teacher. It may also be appropriate or helpful to ask those involved to write down their account of the incident(s).
- In cases where it has been determined by the relevant teacher that bullying behaviour has occurred, the parent(s)/carer(s) of the parties involved should be contacted at an early stage to inform them of the matter and explain the actions being taken (by reference to the school policy). The school should give parent(s)/carer(s) an opportunity of discussing ways in which they can reinforce or support the actions being taken by the school and the supports provided to the pupils.
- Where the relevant teacher has determined that a pupil has engaged in bullying behaviour, it should be made clear to him/her how he/she is in breach of the school's anti-bullying policy and efforts should be made to try to get him/her to see the situation from the perspective of the pupil being bullied.
- It must also be made clear to all involved (each set of pupils and parent(s)/carer(s)) that in any situation where disciplinary sanctions are required, this is a private matter between the pupil being disciplined, his or her parent(s)/carer(s) and the school.

Follow-up and recording

- In determining whether a bullying case has been adequately and appropriately addressed, the relevant teacher must, as part of his/her professional judgement, take the following factors into account:
 - Whether the bullying behaviour has ceased
 - Whether any issues between the parties have been resolved, as far as is practicable
 - Whether the relationships between the parties have been restored, as far as is practicable
 - Any feedback received from the parties involved, their parent(s)/guardian(s), other school staff
- Follow-up meetings with the relevant parties involved should be arranged separately with a view to possibly bringing them together at a later date if the pupil who has been bullied is ready and agreeable.
- Where parent(s)/carer(s) are not satisfied that the school has dealt with a bullying case in accordance with these procedures, the parent(s)/carer(s) must be referred, as appropriate, to the school's complaints procedures.
- In the event that parent(s)/carer(s) have exhausted the school's complaints procedures and is still not satisfied, the school must advise the parent(s)/carer(s) of their right to make a complaint to the Ombudsman for Children.
- The School's Code of Behaviour will be used in conjunction with this policy.

Recording of bullying behaviour

It is imperative that all recording of bullying incidents must be done in an objective and factual manner. The school's procedures for noting and reporting bullying behaviour are as follows:

Informal: Pre-determination that bullying has occurred

Where deemed appropriate:

- All staff must keep a written record of any incidents witnessed by them or notified to them which they deem as a bullying-type incident. **Appendix 5 (Incident Report Form)**. All allegations of bullying should be recorded on this form and forwarded to the relevant teacher.
- While all reports, including anonymous reports of bullying must be investigated and dealt with by the relevant teacher, the relevant teacher must keep a written record of the reports, the actions taken and any discussions with those involved regarding same.
- The relevant teacher must inform the principal of all incidents being investigated.

Formal: Stage 1-Determination that bullying has occurred

- If it is established by the relevant teacher that bullying has occurred, the relevant teacher must keep appropriate written records which will assist his/her efforts to resolve the issues and restore, as far as is practicable, the relationships of the parties involved.
- The relevant teacher will retain the written records until the end of the year, when they will be passed on to the principal.

Formal: Stage 2-Recording Bullying Behaviour

The relevant teacher will use the recording template at **Appendix 6** to record the bullying behaviour in the following circumstances:

- a) in cases where he/she considers that the bullying behaviour has not been adequately and appropriately addressed within 20 school days after he/she has determined that bullying behaviour occurred.
- b) in all cases where bullying behaviour has been reported, investigated, identified and resolved. The relevant teacher will complete the formal recording template, give a copy to the principal and keep the record with their files until the end of the school year. At this stage, all bullying-related files will be handed over to the principal.

Established intervention strategies

- Teacher interviews with all pupils
- Negotiating agreements between pupils and following these up by monitoring progress. This can be on an informal basis or implemented through a more structured mediation process.
- Working with parent(s)/carer(s) to support school interventions
- Circle Time

7. The school's programme of support for working with pupils affected by bullying is as follows:

- All in-school supports and opportunities will be provided for the pupils affected by bullying to participate in activities designed to raise their self-esteem, to develop friendships and social skills and build resilience.
- Pastoral care system- class teacher, support teacher, other relevant personnel.
- Care team- where deemed appropriate a care team meeting will take place for the child.
- SET staff providing a nurture group for those pupils identified as needing such.
- Buddy / Peer mentoring system e.g. buddy system in the yard
- Group work such as Circle Time.
- If pupils require counselling or further supports the school will endeavour to liaise with parent(s)/carer(s) to organise support from outside agencies. This may be for the pupil affected by bullying or involved in the bullying behaviour.
- Pupils should understand that there are no innocent bystanders and that all incidents of bullying behaviour must be reported to a teacher.

8. Supervision and Monitoring of Pupils

The Board of Management confirms that appropriate supervision and monitoring of policies and practices are in place to both prevent and deal with bullying behaviour and to facilitate early intervention where possible.

9. Prevention of Harassment

The Board of Management confirms that the school will, in accordance with its obligations under equality legislation, take all such steps that are reasonably practicable to prevent the sexual harassment of pupils or staff, or the harassment of pupils or staff on any of the nine grounds specified i.e. Gender including transgender, Civil Status, Family Status, Sexual Orientation, Religion, Age, Disability, Race and Membership of the Traveller Community.

10. This policy was adopted by the Board of Management on 23rd October 2024.

11. This policy will be made available to school personnel, published on the school website and provided to the Parent-Teacher Association. A copy of this policy will be made available to the Department of Education and Skills and the Patron, if requested. Hard copies of this, and all school policies, are available at the school on request.

12. Written notification that the review has been completed will be made available to school personnel, published on the school website and provided to the Parent-Teacher Association. A record of the review and its outcome will be made available, if requested, to the Department of Education, and will also be reported to the patron body Educate Together, as per the patron's reporting schedule. (See Appendix 7 – Checklist and Notification of Annual Review of Policy).

13. Following the publication of the Bí Cineálta procedures, the school will engage with these during the 2024-2025 school year.

By September 2025, Pelletstown ETNS

- Consult with all the school community to develop a Bí Cineálta policy that sets out how the school community prevents and addresses bullying behaviour
- Develop a student-friendly version of Bí Cineálta policy.

Signed:  Ray Renaghan (Chairperson, BOM)

Signed:  Caitríona Ní Cheallaigh (Principal)

Date: 23rd October 2024

Date of next review: Term 3 2024/2025 –(Development and Implementation of Bi Cineálta)

Examples of Bullying Behaviours

<p>General behaviours which apply to all types of bullying</p>	<ul style="list-style-type: none"> ● Harassment based on any of the nine grounds in the equality legislation e.g. sexual harassment, homophobic bullying, racist bullying etc. ● Physical aggression ● Damage to property ● Name calling ● Slagging ● The production, display or circulation of written words, pictures or other materials aimed at intimidating another person ● Offensive graffiti ● Extortion ● Intimidation ● Insulting or offensive gestures ● A “look” which makes another person feel uncomfortable ● Invasion of personal space ● A combination of any of the types listed.
<p>Cyber</p>	<ul style="list-style-type: none"> ● Denigration: Spreading rumours, lies or gossip to hurt a person’s reputation ● Harassment: Continually sending vicious, mean or disturbing messages to an individual ● Impersonation: Posting offensive or aggressive messages under another person’s name ● Flaming: Using inflammatory or vulgar words to provoke an online fight ● Trickery: Fooling someone into sharing personal information which you then post online ● Outing: Posting or sharing confidential or compromising information or images ● Exclusion: Purposefully excluding someone from an online group ● Cyber stalking: Ongoing harassment and denigration that causes a person considerable fear for his/her safety <ul style="list-style-type: none"> ● Silent telephone/mobile phone call ● Abusive telephone/mobile phone calls ● Abusive text messages ● Abusive email ● Abusive communication on social networks e.g. Facebook/Ask.fm/ Twitter/ You Tube or on games consoles ● Abusive website comments/Blogs/Pictures ● Abusive posts on any form of communication technology
<p>Identity Based Behaviours Including any of the nine discriminatory grounds mentioned in Equality Legislation (gender including transgender, civil status, family status, sexual orientation, religion, age, disability, race and membership of the Traveller community).</p>	
<p>Homophobic and Transgender</p>	<ul style="list-style-type: none"> ● Spreading rumours about a person’s sexual orientation ● Taunting a person of a different sexual orientation ● Name calling e.g. Gay, queer, lesbian... or any other term used in a derogatory manner ● Physical intimidation or attacks ● Threats

Race, nationality, ethnic background and membership of the Traveller community	<ul style="list-style-type: none"> ● Discrimination, prejudice or insults about colour, nationality, culture, social class, religious beliefs, ethnic or traveller background ● Exclusion on the basis of any of the above
Relational	<p>This involves manipulating relationships as a means of bullying. Behaviours include:</p> <ul style="list-style-type: none"> ● Malicious gossip ● Isolation & exclusion ● Ignoring ● Excluding from the group ● Taking someone's friends away ● "Bitching" ● Spreading rumours ● Breaking confidence ● Talking loud enough so that the victim can hear ● A "look" that makes another person feel uncomfortable ● Use or terminology such as 'nerd' in a derogatory way
Sexual	<ul style="list-style-type: none"> ● Unwelcome or inappropriate sexual comments or touching ● Harassment
Additional Educational Needs, Disability	<ul style="list-style-type: none"> ● Name calling ● Taunting others because of their disability or learning needs ● Taking advantage of some pupils' vulnerabilities and limited capacity to recognise and defend themselves against bullying ● Taking advantage of some pupils' vulnerabilities and limited capacity to understand social situations and social cues. ● Mimicking a person's disability ● Setting others up for ridicule

*This list is not, and cannot be, exhaustive.

RESTORATIVE PRACTICE APPROACH

Restorative Questions

1. What happened?
2. What were you thinking of at the time?
3. What have you thought about it since?
4. Who has been affected and in what way?
5. How could things have been done differently?
6. What do you think needs to happen next?

Cyber Bullying

A lot of cyber bullying occurs when children lose sight of the consequences. Some don't think sending messages, which they see as "just messing" or "joking", is bullying and don't understand how it can hurt someone. One of the most common reasons for cyber bullying is an attitude among bullies that they won't get caught. Internet anonymity empowers bullies and leaves them feeling like they cannot be traced. As with traditional bullying, pressure from friends can be a trigger for cyber bullying too. As well as this, some pupils do not appreciate that posting online is a form of publishing. Rather, some see the internet as "not the real world". This feeling leads to children believing that they cannot be reprimanded for what they do online.

Terms that will be useful to listen out for and to understand when dealing with cyber bullying (Webwise 2015)

Term	Description
Frapping	The action of editing someone's Facebook profile or status without the person's permission.
Happy Slapping	The misnamed term is used to describe when an unsuspecting victim is attacked while an accomplice records the attack, usually by mobile phone. Video clips of such attacks are sometimes posted to the Internet.
Hashtag	A hashtag is a word or a phrase preceded by a # sign to identify messages on a specific topic
Twitter, Tumblr, Instagram, Facebook	Social media platforms where people can share content, be followed or have friends and post comments and material to be viewed by friends, followers or the public
Whatsapp, Viber, Snapchat	Online messaging apps that allow users to communicate in groups or individually. Access to the internet is necessary. Snapchat messages delete themselves after a set number of seconds. However, screenshots can be taken during this time to record and maintain the picture or message.
Selfie	A self-portrait typically taken with a hand held camera or phone
Troll	A troll is a deliberately provocative use of an internet message board, social network or comments section. A troll upsets or angers others by leaving hurtful or off-topic remarks in an online community, usually to elicit emotional responses.
Viral	Content is said to have gone viral (photos, videos, blogs) when they are circulated rapidly and widely from one user to another
Tagging	To describe a link to a website, person or place on the internet using a social media platform. Usually photos, people or websites are tagged to link in that user and inform them of the content. People can tag others to be hurtful and lead unwanted traffic to that person's profile or picture. This can lead to photos being shared and inappropriately shared.
Screenshot	A photo that can be taken of the screen of a mobile phone using the device itself.

Prevention of Cyberbullying

In conjunction with other curricular implementation, here are some specific approaches that can be employed by the class teacher to prevention cyberbullying;

- Explicit teaching of computer rules at the beginning of each school year
- Explicit teaching of our SMART online code
- Explicit reference to cyber bullying and what it is when covering the Stay Safe programme
- Teaching of Webwise lessons on safe internet use (My Selfie and the Wider World) each year
 - Lessons 1 / 2 and 5; First and second classes
 - Lessons 1 – 5; Third to Sixth classes
- Marking and reflecting on Safer Internet Day each year
- Using teachable moments to reflect on behaviour online
 - When sharing information
 - Taking and uploading pictures
- Modelling good behaviour online through class blogs, twitter accounts and other online technology

Responding to Cyberbullying

In conjunction with our school's policy on recording and responding to bullying here are some tips for class teachers; (Adapted from Webwise 2015)

- Support: Provide the person being bullied with support and reassurance.
- Evidence: Help the child keep relevant evidence for investigations. This can be done by taking screen shots or printing webpages. Do not allow the deletion of phone messages
- Inform: Give the child advice for making sure it does not happen again. This can include changing passwords, contact details, blocking profiles on social networking sites or reporting abuse online
- No Retaliation: Ensure that the young person does not retaliate or reply to the messages
- Privacy: Encourage the child to keep personal information private on the internet
- Investigation: The cyber bullying claim needs to be investigated fully. If the perpetrator is known, ask them to remove offending remarks or posts. All records should be kept as part of the investigation.
- Guidelines: Refer to and be aware of the school's Acceptable Use Policy and Code of Good Behaviour

Homophobic Bullying

Homophobia is when people discriminate against lesbian, gay, bisexual or transgender people (LGBT), or people they think may be LGBT. The term includes transphobia which is discrimination against transgendered people. Anti-gay graffiti, spreading rumours that someone is gay, being abusive, jeering or violence towards someone who is LGBT are all types of homophobia. People who are heterosexual can also be victims of homophobia because the people who are bullying think that they are LGBT. Children may not be aware that their behaviour is homophobic and it is important to create an atmosphere of tolerance for difference, and respect of others.

What are the terms and what do they mean? (Respect Guidelines INTO / GLEN 2015)

Term	Junior Classes	Senior Classes
Lesbian	A woman who loves another woman and they can be a family together	A woman who has or wants to be in a loving relationship with another woman
Gay	A man who loves another man and they can be a family together	A man who has or wants to be in a relationship with another man. Sometimes gay is a word to refer to lesbians.
Bisexual	A person who can love either a man or a woman and make a family with either gender	A person who can have or wants to have a relationship with either a man or woman
Transgender	A girl who feels like they are a boy / A women who feels like they are a man A boy who feels like they are a girl / A man who feels like they are a woman	A person who was born with the physical characteristics of a boy or girl but deep down inside they feel like they are a different gender and want their life as that gender
Heterosexual	A man who loves a woman, or a woman who loves a man and they can be a family together	A man who has or wants to have a loving relationship with a woman or a woman who has or wants to have a loving relationship with a man
LGBT	A short way to say lesbian, gay, bisexual and transgender	An acronym used to refer to lesbian, gay, bisexual and transgender communities
Ally	A person who stands up for LGBT people and won't let people be mean to them	A person who stands up and supports LGBT people and won't let people be mean to them
Homophobic Bullying	When people are hurtful to others because they are lesbian, gay, bisexual or transgender or think they are	When people are hurtful to others (verbally, psychologically, physically or online) because they are lesbian, gay, bisexual or transgender or think they are

Prevention of homophobic bullying and behaviour

In our school, in conjunction with other curricular implementation, here are some specific approaches that can be used to prevent homophobic bullying and behaviour;

1. Promote positive and inclusive representations of LGBT families and people through appropriate story and picture books in class library and as Read Aloud (see attached list of books)
 2. When teaching about family through SPHE, to include and make visible all types of families. Use INTO Different Families/ Same Love poster
 3. Explain LGBT terms to children if asked direct questions and, as children develop concepts, teach the terms explicitly when discussing homophobic bullying or dealing with misuse of language
 4. Explicitly name homophobic bullying if it occurs or if its discussed
 5. Challenge gender stereotypes that limit children's understanding of gender roles
- i. Through Aistear – challenge children to take roles beyond their own experience or knowledge
- ii. Story and Picture Books
- iii. School Activities – encourage all to become involved and challenge the idea of a 'boys game' and a 'girls game'
- iv. Teacher language – use inclusive language – don't unnecessarily categorise pupils on the basis of gender
- v. Teach lessons on Gender Equality from Equal Measures lessons
6. Inclusion of LGBT voices in curricular subjects (such as civil rights leaders)
 7. If there are persistent issues with homophobic bullying, have an explicit lesson on Homophobic name-calling

Responding to Homophobic Language or Bullying (adapted from www.welcomingschools.org)

In conjunction with how we respond to bullying behaviour, it is important to note that homophobic language and behaviour may not be understood by children when they use it. The following approach will allow for children to develop a sense of the hurtful nature of homophobic language. The use of any term that is derogatory to describe LGBT people can be deemed homophobic language and as such should be addressed and not ignored.

Stop it!	Educate!
<p>Keep it simple with quick responses:</p> <ul style="list-style-type: none"> ● We don't use put-downs in our school ● It is not okay to say 'that's so gay', 'that game is gay', 'that pass is gay' ● It is not okay to call someone 'gay' ● What did you mean by that? ● Do you know what gay means? ● You may not have meant to be hurtful but when you use the word 'gay' to mean something is stupid or bad, it is hurtful ● Do you know why it is hurtful? 	<p>If you have the time and opportunity to educate on the spot, do it. If not, make time for it later.</p> <ul style="list-style-type: none"> ● Have a lesson around the meaning of the terms used and discuss about why they are hurtful ● Be clear with students that when they use the word gay in a negative way, they are being disrespectful ● Provide accurate information and teach the terms relative to the age group (see above) ● Be aware of other terminology and discuss in the same age-appropriate way

Pelletstown ETNS

Anti-Bullying Campaign – Incident Report Form (p.1 of 2)

Please return to the relevant teacher

Report:

1. Details of Reporting Person:

Source of Report:	
Date:	
Name of reporting person: <small>(If someone other than a staff member, parent or pupil, include their phone number)</small>	

2. Details of Alleged Incident:

Location(s) of Incident(s):	
Date, Day, Time:	
Possible Targeted Pupil(s) and Class(es):	
Possible Perpetrator(s) and Class(es):	
Others who were there:	
Initial Details of Incident:	

Actions taken will be outlined on p. 2

Pelletstown ETNS

Anti-Bullying Campaign – Incident Report Form (p.2 of 2)

Actions Taken

Name of relevant teacher: _____

Please record any survey, interview, phone-call, consultation with parents, pupils, teacher, principal etc. as relevant

Date:	Record of Actions:
Signed & Date:	

Anti-Bullying Campaign – Recording Bullying Behaviour

1. Name of pupil being bullied and class group

Name _____ Class _____

2. Name(s) and class(es) of pupil(s) engaged in bullying behaviour

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4. Location of incidents

3. Source of bullying concern/report

Pupil concerned	
Other Pupil	
Parent	
Teacher	
Other	

Playground	
Classroom	
Corridor	
Toilets	
School Bus	
Other	

5. Name of person(s) who reported the bullying concern

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6. Type of Bullying Behaviour

Physical Aggression		Cyber-bullying	
Damage to Property		Intimidation	
Isolation/Exclusion		Malicious Gossip	
Name Calling		Other (specify)	

7. Where behaviour is regarded as identity-based bullying, indicate the relevant category:

Homophobic	Disability/SEN	Racist	Member of Traveller community	Other (specify)

8. Brief Description of bullying behaviour and its impact

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9. Details of actions taken

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Signed: _____ (Relevant Teacher) Date: _____ Date submitted to Principal: _____

Note: These forms will be given to the school Principal and stored in the Principals office in a separate file.

Appendix 7:

DES Appendix 4: Checklist for annual review of the anti-bullying policy and its implementation


The Board of Management (the Board) must undertake an annual review of the school's anti-bullying policy and its implementation. The following checklist must be used for this purpose. The checklist is an aid to conducting this review and is not intended as an exhaustive list. In order to complete the checklist, an examination and review involving both quantitative and qualitative analysis, as appropriate across the various elements of the implementation of the school's anti-bullying policy will be required.

	Yes /No
Has the Board formally adopted an anti-bullying policy that fully complies with the requirements of the <i>Anti-Bullying Procedures for Primary and Post-Primary Schools</i> ?	Yes
Has the Board published the policy on the school website and provided a copy to the parents' association?	Yes
Has the Board ensured that the policy has been made available to school staff (including new staff)?	Yes
Is the Board satisfied that school staff are sufficiently familiar with the policy and procedures to enable them to effectively and consistently apply the policy and procedures in their day to day work?	Yes
Has the Board ensured that the policy has been adequately communicated to all pupils?	Yes
Has the policy documented the prevention and education strategies that the school applies?	Yes
Have all of the prevention and education strategies been implemented?	Yes
Has the effectiveness of the prevention and education strategies that have been implemented been examined?	Yes
Is the Board satisfied that all teachers are recording and dealing with incidents in accordance with the policy?	Yes
Has the Board received and minuted the periodic summary reports of the Principal?	Yes
Has the Board discussed how well the school is handling all reports of bullying including those addressed at an early stage and not therefore included in the Principal's periodic report to the Board?	Yes
Has the Board received any complaints from parents regarding the school's handling of bullying incidents?	No
Have any parents withdrawn their child from the school citing dissatisfaction with the school's handling of a bullying situation?	No
Have any Ombudsman for Children investigations into the school's handling of a bullying case been initiated or completed?	No
Has the data available from cases reported to the Principal (by the bullying recording template) been analysed to identify any issues, trends or patterns in bullying behaviour?	No
Has the Board identified any aspects of the school's policy and/or its implementation that require further improvement?	No
Has the Board put in place an action plan to address any areas for improvement?	N/A

Signed  _____

Date: 23rd October 2024

Chairperson, Board of Management

Signed  _____

Date: 23rd October 2024

Principal



Notification regarding the Board of Management's annual review of the anti-bullying policy

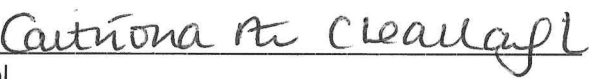
To:

The Board of Management of Pelletstown Educate Together National School wishes to inform you that:

- The Board of Management's annual review of the school's anti-bullying policy and its implementation was completed at the Board meeting of 23rd October 2024.
- This review was conducted in accordance with the checklist set out in **DES Appendix 4** of the Department's *Anti-Bullying Procedures for Primary and Post-Primary Schools*.

Signed 
Chairperson, Board of Management

Date: 23rd October 2024

Signed 
Principal

Date: 23rd October 2024